

Healthy Selfie Challenge

Starts June 1st & Ends June 30th



Join Lean Wellness for our Healthy Selfie challenge beginning on June 1st and be entered into a raffle for a Fitbit each time you post a selfie doing a healthy activity on Facebook or Instagram.

Be sure to tag Lean Wellness on Facebook or Instagram and use the hashtag #leanhealthyselfie. There will be two winners picked randomly from those who post a photo using the hashtag #leanhealthyselfie.

Examples of photo ideas include: healthy cooking, grocery shopping for fresh food, working out, outdoor physical activities, or going to the doctor.

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